



2021  
**Women's  
 Recovery**  
 CONFERENCE  
 Asheville, NC

Rising Together through  
 Trauma, Grief, and Loss



**LIVE music**

(classical guitar & flute)  
 during lunch on Wed. and Thurs.  
 Stay logged in and enjoy!

**Agenda at a Glance**

**Wednesday, May 5th**

**PRECONFERENCE**  
 6.0 hours

- Sign-in/Connect 8:30 - 9:00am
- Morning break 10:30 - 11:00am
- Lunch break 12:30 - 1:30pm
- Afternoon break 3:00 - 3:30pm
- Adjourn 5:00pm

**Thursday, May 6th**

**MAIN CONFERENCE Day One**  
 6.0 hours for Track 1 / 7.0 hours for Track 2

- Sign-in/Connect 8:30 - 9:00am
- Morning break 10:30 - 10:45am
- Lunch break 12:15 - 12:45pm
- Afternoon break 2:15 - 2:30pm
- Track 1 Adjourn 4:00pm
- Track 2 Adjourn 5:00pm

**Friday, May 7th**

**MAIN CONFERENCE Day Two**  
 3.5 hours

- Sign-in/Connect 8:30 - 9:00am
- Morning break 10:30 - 10:45am
- Adjourn 12:45pm

9:00am - 5:00pm *CHOOSE ONE*

**Preconference Full Day Sessions**

**1A. Tobacco, Too: Addressing Tobacco Use in Women with Other Substance Use Disorders**

**1B. LGBTQ+ Trauma Informed Practice in Recovery: Ethical Care** *6.0 Hours Ethics credit*

9:00am - 10:30am

**Opening Keynote Session**

**Breath, Movement and Meaning**

Dr. Carol Penn

9:00am - 10:30am

**Opening Presentation**

**Update from the State:**

**Women's SUD Treatment in NC**  
 Starleen Scott-Robbins, MSW, LCSW

**Caring for Women and Children:  
 Current and Future Horizons**

Hendrée Jones, PhD

10:45am - 12:45pm *CHOOSE ONE*

**3A. Integrating the Voice of Peer Support Specialists into Clinical Teams**

**3B. Superwoman Syndrome and Self-Care: Compatible or Not?**

**TRACK 1: DHHS\***

10:45am - 4:00pm

**2A.  
 A Year Like No Other: Trends & Impact on Perinatal and Maternal Treatment**

**TRACK 2**

10:45am - 12:15pm

**2B.  
 Dynamic Motivational Techniques in Group Therapy**

12:45pm - 4:00pm

**Women, HIV, Bloodborne Pathogens and Substance Use Disorders: What Clinicians Need to Know**

4:00pm - 5:00pm

**Authentic Interdependence / Healing Relationships**

\*Required for, but not limited to, DHHS Scholarship recipients.