



# Creating Connections and Transforming Isolation



## Wednesday, May 7th

### PRECONFERENCE

6.0 hours

- Sign-in/Connect 8:30 - 9:00 am
- Morning break 10:30 - 10:45 am
- Lunch break 12:15 - 1:15 pm
- Afternoon break 2:45 - 3:00 pm
- Adjourn 4:30 pm

9:00 am - 12:15 pm *CHOOSE ONE*  
**Preconference Morning Sessions**

- 1A. Rewiring for Recovery
- 1B. Considering the Ethics of Relationships in Women's Substance Use Disorder Treatment

1:15 pm - 4:30 pm *CHOOSE ONE*  
**Preconference Afternoon Sessions**

- 1C. Healing from Co-Dependence to Create Healthy Connections
- 1D. Ethics and Clinical Supervision of Mental Health and Substance Use

-OR-

9:00 am - 4:30 pm  
**Preconference Full-Day Session**

- 1E. Engaging Clients and Facilitating Change: Strategic and Intentional Use of Motivational Interviewing

## Agenda at a Glance

### Thursday, May 8th

### MAIN CONFERENCE Day One

4.5 hours for Track 1 / 5 hours for Track 2

- Sign-in/Connect 8:30 - 9:00 am
- Morning break 10:30 - 10:45 am
- Lunch break 12:15 - 1:15 pm
- Afternoon break 2:45 - 3:00 pm
- Track 1 Adjourn 4:30 pm
- Track 2 Adjourn 5:00 pm

9:00 am - 10:30 am  
**Opening Keynote Session**

**The Wounded Healer: A Story of Hope and Healing**

Dottie Saxon Greene, PhD, LCSW, LADAC II, QCS, CPRS, RCP, RYT

### TRACK 1: General Track

2A.  
 10:45 am - 12:15 pm  
**Do You Know "The Power of 20"?**

1:15 pm - 4:30 pm  
**HIV/STI Updates for Substance Use Professionals**

### TRACK 2: DHHS Track\*

2B.  
 10:45 am - 11:45 pm  
**Jumping off the Balance Beam Might Just Save Your Life**  
 11:45 pm - 12:15 pm  
**Foundations of Gender-Responsive SUD Treatment: How Did We Get Here and Why**  
 1:15 pm - 1:45 pm  
*continued from above*  
 1:45 pm - 2:45 pm  
**Healing Together: Addressing Addiction's Impact on the Family Unit**  
 3:00 pm - 5:00 pm  
**Beyond Anger and Violence: A Program for Women**

### Friday, May 9th

### MAIN CONFERENCE Day Two

3.5 hours

- Sign-in/Connect 8:30 - 9:00 am
- Morning break 10:30 - 10:45 am
- Adjourn 12:45 pm

9:00 am - 10:30 am  
**Opening Presentation**

**Update from the State: Women's SUD Treatment in NC**  
tba

**Fostering Self-Compassion and Resilience: Connection in Recovery**  
Elisabeth Johnson, PhD, FNP-BC, CARN-AP, LCAS

10:45 am - 12:45 pm *CHOOSE ONE*  
**3A. The Emerging Science of Recovery Community Centers**

**3B. Healing with One Another: Group Counseling for Substance Use Disorder**