



2024 Women's Recovery CONFERENCE

Asheville, NC

IN PERSON –OR–
LIVE WEBINAR

Finding Balance Amid Constant Change

May 1-3, 2024



The 2024 Women's Recovery Conference offers up to 15.5 credit hours with a variety of credit options. The conference is designed for those working in substance abuse, mental health, psychology, criminal justice, human services, and other health care professions. The 2024 conference will be conveniently held in a hybrid format, with limited on-site seating and full livestream coverage. Live attendance, whether on-site or via Webex, is required to receive professional credit.

One-day, two-day, and three-day options are available. The event is designed with both on-site and full livestream coverage and direct online access to presenters, allowing for the provision of mental health credits which are classified the same as "live." The livestream format also serves to assist practitioners who are unable to get away from their practice and who need to receive vital North Carolina updates to inform care.

This is the 38th year of the Women's Recovery Conference, where gender-responsive care, focusing on the needs of women in recovery and their families, is exclusively presented. The Preconference on Wednesday, May 1st includes four distinct half-day topics, and the main conference day on Thursday, May 2nd provides gender-responsive care topics addressing care needs relevant not just for North Carolina (NC), but also across the United States. A special two-part presentation opens the day on Friday, May 3rd, with Starleen Scott-Robbins and Dr. Hendrée Jones providing information on NC legislative updates; and offering evidence-based strategies to promote hope, health, and healing as we continue to live through an unprecedented time of change, intertwining public and social health related crises.

Strategies for coping with constant change are embedded within this vital two-part session, designed to enhance the lives of both practitioners and the women whom they serve, strengthening recovery and laying a firm foundation for lifelong growth and positive transformation. Information on optimizing outcomes for women, including those who are pregnant or with families in North Carolina, will be provided, with a primary focus on the provision of compassionate care.

Fresh, gender-responsive approaches are taken on mandatory topics such as supervision, ethics, HIV, STIs, and bloodborne pathogens. The conference also offers a choice of innovative care modalities that frontline providers may implement to motivate and empower women, while optimizing balance on the inevitably precarious path of recovery. Information is offered on rewiring the female brain for recovery, medications for opioid use disorder, strategies for harm reduction, and reduction of unintentional self-sabotage. This conference emphasizes culturally-appropriate care, the fostering of strong communities, and the enhancement of physiological, perinatal, and maternal support for women in recovery.

Session titles, speakers, credits and more are detailed in the following pages of this brochure as well as on the conference website, www.mahec.net/WRC

We hope to see you online or on-site in May!

Opening Keynote:

Pregnancy and After Delivery: A Challenging Time of Change



with special keynote presenter
Kimberly Yonkers, MD

MAHEC

PART OF NC AHEC

with the support of



This conference is supported in part by NC Division of MH/DD/SAS with federal funding from the SAMHSA Substance Abuse Prevention & Treatment Block Grant (SAPTBG) CFDA # 93.959.



Finding Balance Amid Constant Change

Agenda at a Glance

Wednesday, May 1st

PRECONFERENCE

6.0 hours

Sign-in/Connect 8:30 - 9:00 am
 Morning break 10:30 - 10:45 am
 Lunch break 12:15 - 1:15 pm
 Afternoon break 2:45 - 3:00 pm
 Adjourn 4:30 pm

Thursday, May 2nd

MAIN CONFERENCE Day One

6.0 hours for Track 1 / 5.5 hours for Track 2

Sign-in/Connect 8:30 - 9:00 am
 Morning break 10:30 - 10:45 am
 Lunch break 12:15 - 1:15 pm
 Afternoon break 2:45 - 3:00 pm
 Track 1 Adjourn 4:30 pm
 Track 2 Adjourn 4:00 pm

Friday, May 3rd

MAIN CONFERENCE Day Two

3.5 hours

Sign-in/Connect 8:30 - 9:00 am
 Morning break 10:30 - 10:45 am
 Adjourn 12:45 pm

9:00 am - 12:15 pm *CHOOSE ONE*
Preconference Morning Sessions

1A. Rewiring for Recovery

1B. Ethical Obligations in a World of Change

9:00 am - 10:30 am
Opening Keynote Session

**Pregnancy and After Delivery:
 A Challenging Time of Change**

Kimberly Yonkers, MD

9:00 am - 10:30 am
Opening Presentation

**Update from the State:
 Women's SUD Treatment in NC**
 Starleen Scott-Robbins, MSW, LCSW

**Hope, Resilience, Healing, and Health:
 Living Empowered Amid Change**
 Hendrée Jones, PhD

1:15 pm - 4:30 pm *CHOOSE ONE*
Preconference Afternoon Sessions

**1C. Empowering Women in Recovery:
 Peer Support Supervision Strategies**

1D. "Harm Reduction 101"

10:45 am - 12:45 pm *CHOOSE ONE*
**3A. Keys to Maintaining Balance: Staying
 Centered and Thriving in a Chaotic World**

**3B. Maintaining a Teeter-Totter Balanced
 Lifestyle: Anchored in Serenity and Hope**

CHOOSE ONE

TRACK 1: General Track

2A.
 10:45 am - 12:15 pm
The Argument: Releasing Ambivalence and Self-Sabotage

1:15 pm - 4:30 pm
HIV/STI Updates for Substance Use Professionals

For session descriptions,
 objectives and speaker
 bios, go to:
www.mahec.net/wrc

TRACK 2: DHHS Track*

*Open to all attendees.

2B.
 10:45 am - 11:45 pm
**Will I Ever Make it "Home:" Understanding the Co-Occurring
 Recovery Journey among Women at the Time of Reentry**

11:45 pm - 12:15 pm
**Fetal Alcohol Spectrum Disorders: Finding the Balance Between
 Prevention and Support**

1:15 pm - 1:45 pm
continued from above

1:45 pm - 2:45 pm
Women and Medications for Opioid Use Disorder (MOUD)

3:00 pm - 4:00 pm
**The Sobriety Treatment and Recovery Teams Model: Improving
 Outcomes for Buncombe County Families**

CONFERENCE OVERVIEW & AGENDA

(Eastern Standard Time)

Preconference – Wednesday, May 1st | 9:00 am – 4:30 pm

Morning Break: 10:30 am – 10:45 am

Lunch Break: 12:15 pm – 1:15 pm (one full hour with live music by the Bruce Nemerov Trio)

Afternoon Break: 2:45 pm – 3:00 pm

For session descriptions,
objectives and speaker
bios, go to:
www.mahec.net/wrc

Preconference sessions (6.0 Educational Hours total)

Choose between two different morning sessions and two different afternoon sessions:

MORNING CHOICES:

1A. 9:00 am – 12:15 pm (3.0 Educational Hours)

Rewiring for Recovery

Jack Ginsberg, PhD

Choose
one:

OR

1B. 9:00 am – 12:15 pm (3.0 Educational Hours) *offers 3 hours of Ethics credit*

Ethical Obligations in a World of Change

Ron R. Hood, PhD, LP-HSP

AFTERNOON CHOICES:

1C. 1:15 pm – 4:30 pm (3.0 Educational Hours)

Empowering Women in Recovery: Peer Support Supervision Strategies

Sue Polston, CPSS

Derrick Hall, MSW, LCSW, LCAS, CSI

Kevin Mahoney, NCCPSS, CCHW

Choose
one:

OR

1D. 1:15 pm – 4:30 pm (3.0 Educational Hours)

“Harm Reduction 101”

Marie Gannon, LCMHCS, LCAS, CCS

Nicole Ross, LCAS, CCS, NCPSS

Main Conference Day One – Thursday, May 2nd | 9:00 am – 4:00 pm or 4:30 pm

Please note that Track One ends at 4:30 pm, while Track Two ends at 4:00 pm

Morning Break: 10:30 am – 10:45 am

Lunch Break: 12:15 pm – 1:15 pm

Afternoon Break: 2:45 pm – 3:00 pm

9:00 am – 10:30 am (1.5 Educational Hours)

Everyone in Attendance

Pregnancy and After Delivery: A Challenging Time of Change

Kimberly Yonkers, MD

2A. Track One: General Track

10:45 am – 4:30 pm (4.5 Educational Hours)

Choose
Track One or
Track Two:

10:45 am – 12:15 pm

The Argument: Releasing Ambivalence and Self-Sabotage

Linda Hamilton, CADC

1:15 pm – 4:30 pm

HIV/STI Updates for Substance Use Professionals

Mel Ramage, FNP-BC, CARN-AP, LCAS

Victoria Mobley, MD, MPH

Erika Samoff, PhD, MPH

2B. Track Two: DHHS Track

10:45 am – 4:00 pm (4.0 Educational Hours)

10:45 am – 11:45 pm

Will I Ever Make it “Home:” Understanding the Co-Occurring Recovery Journey among Women at the Time of Reentry

Essence Hairston, LCSW, LCAS, CSI

11:45 pm – 12:15 pm*

Fetal Alcohol Spectrum Disorders: Finding the Balance Between Prevention and Support

Amy Hendricks, BA

1:15 pm – 1:45 pm*

continued from above

1:45 pm – 2:45 pm

Women and Medications for Opioid Use Disorder (MOUD)

Melissa L. Godwin, MSW, LCSW

3:00 pm – 4:00 pm

The Sobriety Treatment and Recovery Teams Model: Improving Outcomes for Buncombe County Families

Katherine Watkins, BA

Erin Smead, BA, MSW

Desiree McKinney, CPSS

For session descriptions,
objectives and speaker
bios, go to:
www.mahec.net/wrc

Main Conference Day Two – Friday, May 3rd | 9:00 am –12:45 pm

Morning Break: 10:30 am – 10:45 am

Adjourn: 12:45 pm

9:00 am – 10:30 am (1.5 Educational Hours)

Everyone in Attendance

Opening Presentations:

Part One: 9:00 am – 9:15 am

Update from the State: Women’s SUD Treatment in North Carolina

Starleen Scott-Robbins, MSW, LCSW

Part Two: 9:15 am – 10:30 am

Hope, Resilience, Healing and Health: Living Empowered Amid Change

Hendrée Jones, PhD

10:45 AM – 12:45 PM (2.0 Educational Hours)

Choose between two plenary sessions:

3A.

Keys to Maintaining Balance: Staying Centered and Thriving in a Chaotic World

Shannon South, ThD

3B.

Maintaining a Teeter-Totter Balanced Lifestyle: Anchored in Serenity and Hope

Geri Miller, PhD, LP, LCAS, CCS

Choose
one:

CONFERENCE OBJECTIVES

At the 2024 conference, session content supports the following overarching conference goals:

- 1) Provide concrete information, therapeutic insights, and treatment skills which may be applied to process substance use, behavioral addictions, and dependence on other substances
- 2) Introduce skills to provide and ensure continuous, ethical care for women in recovery, within current workforce limitations
- 3) Prepare providers with effective, evidence-based behavioral interventions to help women enter recovery, prevent return to use, sustain optimal health in long-term recovery, in benefit of women as well as their families
- 4) Discuss strategies for closing major gaps in the current United States (US) care delivery system regarding treatment access for pregnant and parenting women and marginalized groups
- 5) Update providers on current North Carolina policies and laws impacting women in recovery and their families
- 6) Detail ways in which systems can be trauma-informed and culturally-sensitive
- 7) Inform providers of current legislation surrounding reporting on and care of pregnant women
- 8) List at least three evidence-based modalities of care that foster social, psychological, and physiological well-being in women's recovery while reducing risk of return to use
- 9) Present information on prevention and support relative to Fetal Alcohol Spectrum Disorders
- 10) Provide current research on women and effective medications for Opioid Use Disorder (MOUD)
- 11) Describe at least three effective evidence-based strategies which meet the gender-responsive needs of women with substance use disorders based on SAMHSA recommendations / research
- 12) Describe treatment approaches which foster resilience, build trust, and increase commitment to individualized therapeutic goals of women in recovery, while optimizing health outcomes
- 13) List at least three strategies for preventing self-sabotage in early recovery
- 14) Introduce a "Sobriety Treatment and Recovery Teams Model" tested by Buncombe County, NC, that may be expanded for use in other geographical areas to improve outcomes for families
- 15) List at least three time-tested strategies that promote healthy adaptation and maintain balance amid constant change, particularly effective for women in recovery
- 16) Demonstrate a commitment to honor diversity, celebrate individuality, promote authenticity, and foster genuine collaboration
- 17) Provide current information on gender-responsive ethics, infectious disease prevention, provider supervision, and optimization of spiritual, physical, and emotional health in recovery

For session descriptions,
objectives and speaker
bios, go to:
www.mahec.net/wrc

Keynote presenter

Kimberly Yonkers, MD

Kimberly Yonkers is the Katz Family Chair of Psychiatry at UMass Medical School/UMass Memorial Medical Center. As a Physician Scientist, her impact on the field of mood and substance use disorders in women is substantial. She conducted numerous studies supported by the National Institutes of Health. These projects focused on exploring optimal ways to identify, engage and treat mood disorders and substance use disorders in women, particularly pregnant and postpartum individuals. In a cohort of 2700 pregnant individuals, she mapped the course of mood, anxiety and substance use disorders and examined their relationship with adverse birth outcomes. She has also devised and tested behavioral and pharmacological treatments for perinatal women with substance use disorders.

Leadership is a critical component of Dr. Yonkers biography. She chaired permanent and special grant study sections for the National Institutes of Health, was a member of the Task Force for the Diagnostic and Statistical Manual-5 (DSM-5), and sits on the steering committee for revisions to DSM-5. She served as president of the North American Society of Psychosocial Obstetrics and Gynecology, chaired the Women's Committee for the American College of Neuropsychopharmacology, and participated in planning committees for Biological Psychiatry, the American Society of Clinical Psychopharmacology and the International Association of Women's Mental Health.

Dr. Yonkers is an active educator and mentor. She is author of more than 150 peer reviewed publications, 26 chapters and 2 edited books. Among her invited lectures and awards are those from the American Psychiatric Association, the American College of Obstetricians and Gynecologists, and the Academy of Consultation-Liaison Psychiatry.



CREDITS

Preconference – Wednesday, May 1st, 2024

0.6 CEUs

6.0 Contact Hours

6.0 NBCC

6.0 Contact Hours (category A) CE for NC Psychologists

6.0 Hours – NAADAC

6.0 Hours – NCASPPB

Main Conference Day One – Thursday, May 2nd, 2024

TRACK ONE: GENERAL TRACK

0.6 CEUs

6.0 Contact Hours

6.0 Contact Hours (category A) CE for NC Psychologists

6.0 Hours – NAADAC

6.0 Hours – NBCC

6.0 Hours – NCASPPB

TRACK TWO: DHHS TRACK

0.6 CEUs – Track Two

5.5 Contact Hours – Track Two

5.5 Contact Hours (category A) CE for NC Psychologists

5.5 Hours – NAADAC

5.5 Hours – NBCC

5.5 Hours – NCASPPB

Main Conference Day Two - Friday, May 3rd, 2024

0.4 CEUs

3.5 Contact Hours

3.5 Contact Hours (category A) CE for NC Psychologists

3.5 Hours – NAADAC

3.5 Hours – NBCC

3.5 Hours – NCASPPB

AUDIENCE

Mental health and substance abuse professionals, including substance abuse counselors, psychologists, social workers, licensed clinical mental health counselors, marriage and family therapists, peer support specialists, school counselors, and other professionals interested in these topics.

PLANNING COMMITTEE

- Suzanne Boehm, LCAS, LCSW, CCS
- Judi Swayne, LCSW, LCAS, Charles George Veterans Affairs Medical Center
- Vernetta Eleazer, MS, LCAS, CCS, Oasis Recovery Center
- Judith Johnson-Hostler, LCMHC, LCAS, NCC, CSI, Alcohol & Drug Council of North Carolina, Division of MH/DD/SAS, Addictions & Management Operations Section, NC Department of Health and Human Services
- Angela Ramsey, MSW, LCAS, CCS
- Starleen Scott-Robbins, MSW, LCSW, Division of MH/DD/SAS, Addictions & Management Operations Section, NC Department of Health and Human Services
- Linda Hamilton, CADC, Beyond Addiction
- Marie Gannon, LCMHC, LCAS, CSI, Consultant

And the following individuals from Mountain Area Health Education Center (MAHEC):

- Barbara Warren, MSW, LCSW, LCAS, Conference Planner
- Scott Schreiber, Program Logistics Specialist
- Bridget McFarthing, MAHEC CPD Planner

NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is responsible for all aspects of their programming.



NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programs.

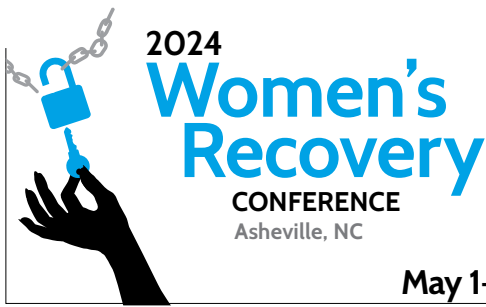


NCASPPB (C): North Carolina Addictions Specialist Professional Practice Board has approved this workshop for up to 15.5 hours (SS, GSB, and specialty hours including ETHICS, EBT, CSS, PSY and HIV hours available based on sessions attended).

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for up to 15.5 hours Category A.

CEU: MAHEC designates this live continuing education activity as meeting the criteria for up to 1.6 CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for up to 15.5 Contact Hours.



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NCASPPB DETAILS

NCASPPB (C): North Carolina Addictions Specialist Professional Practice Board has approved this workshop for up to 15.5 hours (SS, GSB, and specialty hours including ETHICS, EBT, CSS, PSY and HIV hours available based on sessions attended).

[C = Combination of Substance Abuse Specific and General Skill Building]

PRECONFERENCE - Wednesday, May 1st

9:00 am - 4:30 pm (6.0 Hours)

CREDITS BY SESSION:

- | | |
|-------------|--|
| Choose one: | 1A. Rewiring for Recovery3.0 hours SS (PSY) |
| | 1B. Ethical Obligations in a World of Change3.0 hours GSB (ETHICS) |
| Choose one: | 1C. Empowering Women in Recovery: Peer Support Supervision Strategies.....3.0 hours SS (CSS) |
| | 1D. "Harm Reduction 101"3.0 hours SS (EBT) |

MAIN CONFERENCE - Thursday, May 2nd

Track 1: General Track 9:00 am - 4:30 pm (6.0 Hours) | Track 2: DHHS 9:00 am - 4:00 pm (5.5 Hours)

All attendees:

Opening Keynote: Pregnancy and After Delivery: A Challenging Time of Change..... 1.5 hours SS

- | | |
|------------------|--|
| Choose Track One | Track One - General.....4.5 Educational Hours TOTAL |
| | 2A. The Argument: Releasing Ambivalence and Self-Sabotage 1.5 hours GSB |
| | HIV/STI Updates for Substance Use Professionals.....3.0 hours SS (HIV) |
| or | |
| Track Two: | Track Two - DHHS.....4.0 Educational Hours TOTAL |
| | 2B. Will I Ever Make it "Home:." Understanding the Co-Occurring Recovery Journey among Women at the Time of Reentry..... 1.0 hour SS (PSY) |
| | Fetal Alcohol Spectrum Disorders: Finding the Balance Between Prevention and Support. 1.0 hour SS |
| | Women and Medications for Opioid Use Disorder (MOUD) 1.0 hour SS (EBT) |
| | The Sobriety Treatment and Recovery Teams Model: Improving Outcomes for Buncombe County Families..... 1.0 hour SS (EBT) |

MAIN CONFERENCE - Friday, May 3rd

9:00 am - 12:45 pm (3.5 Hours)

All attendees:

Update from the State: Women's SUD Treatment in NC0.25 hour SS
 Hope, Resilience, Healing, and Health: Living Empowered Amid Change 1.25 hours SS (PSY)

- | | |
|-------------|--|
| Choose one: | 3A. Keys to Maintaining Balance: Staying Centered and Thriving in a Chaotic World.....2.0 hours SS |
| | 3B. Maintaining a Teeter-Totter Balanced Lifestyle: Anchored in Serenity and Hope2.0 hours GSB |

Guide to Abbreviations:

S or SS = Substance Abuse Specific Training
 G or GSB = General Skill Building Training
 C = Combination of Substance Abuse Specific and General Skill Building

ETHICS = Ethics
 EBT = Evidence-Based Treatment
 HIV = HIV/AIDS/STD/TB/Bloodborne Pathogens
 PSY = Psychopathology Training
 CSS = Clinical Supervision Specific Training

REGISTRATION

PRECONFERENCE (WEDNESDAY ONLY)

\$150 for individuals
\$100 for students, peer support specialists, and MAHEC employees
(Must provide proof of enrollment or peer support status)

MAIN CONFERENCE DAY ONE ONLY (THURSDAY)

\$150 for individuals
\$100 for students, peer support specialists, and MAHEC employees
(Must provide proof of enrollment or peer support status)

MAIN CONFERENCE DAY TWO ONLY (FRIDAY)

\$150 for individuals
\$100 for students, peer support specialists, and MAHEC employees
(Must provide proof of enrollment or peer support status)

MAIN CONFERENCE ONLY (THURSDAY AND FRIDAY)

\$290 for individuals
\$180 for students, peer support specialists, and MAHEC employees
(Must provide proof of enrollment or peer support status)

PRECONFERENCE + MAIN CONFERENCE

(WEDNESDAY, THURSDAY AND FRIDAY)
\$370 for individuals
\$260 for students, peer support specialists, and MAHEC employees
(Must provide proof of enrollment or peer support status)

Early registration goes through April 24th. After the deadline, the total will be the registration fee + \$15.00.

Registration fee includes sessions and educational materials.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive a 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

Want to register?

Online Registration: <https://mahec.net/home/event/72713>

Or use the registration form on the next page and return by fax, email or mail:

Fax Registration: 828-257-4768

Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803

Email: registration@mahec.net

Have a question?

Barbara Warren, MSW, LCSW, LCAS
CE Planner 828-257-4728
barbara.warren@mahec.net

Registration Information: 828-257-4475

Special Services: 828-257-4778



WOMEN'S RECOVERY CONFERENCE 2024

Updated contact info

Name _____

Credentials _____

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

PLEASE CHOOSE CREDIT TYPE:

CEU Contact Hours NAADAC NBCC NC Psychologists

NCASPPB GSB NCASPPB SS

NCASPPB SS (CSS) NCASPPB SS (EBT) NCASPPB SS (PSY)

NCASPPB SS (HIV) NCASPPB SS (ETHICS)

PAYMENT

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ SECURITY CODE _____

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to: #72713

MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803

Fax to: 828-257-4768

Email: registration@mahec.net

SESSION SELECTIONS

I will attend In-person Via live webinar

PRECONFERENCE - Wednesday, May 1st

9:00 am - 4:30 pm

Not attending Preconference

If attending, please choose one morning session:

1A. Rewiring for Recovery

1B. Ethical Obligations in a World of Change *offers 3 hours of Ethics credit*

If attending, please choose one afternoon session:

1C. Empowering Women in Recovery: Peer Support Supervision Strategies

1D. "Harm Reduction 101"

MAIN CONFERENCE - Thursday, May 2nd

Track 1: 9:00 am - 4:30 pm | Track 2: 9:00 am - 4:00 pm

Please choose one:

Not attending Main Conference - Thursday

2A. TRACK 1: GENERAL

- The Argument: Releasing Ambivalence and Self-Sabotage
- HIV/STI Updates for Substance Use Professionals

2B. TRACK 2: DHHS

- Will I Ever Make it "Home:." Understanding the Co-Occurring Recovery Journey among Women at the Time of Reentry
- Fetal Alcohol Spectrum Disorders: Finding the Balance Between Prevention and Support
- Women and Medications for Opioid Use Disorder (MOUD)
- The Sobriety Treatment and Recovery Teams Model: Improving Outcomes for Buncombe County Families

MAIN CONFERENCE - Friday, May 3rd

9:00 am - 12:45 pm

Please choose one:

Not attending Main Conference - Friday

3B. Keys to Maintaining Balance: Staying Centered and Thriving in a Chaotic World

3C. Maintaining a Teeter-Totter Balanced Lifestyle: Anchored in Serenity and Hope

REGISTRATION OPTIONS Early registration deadline: April 24th. After the deadline, total is registration fee + \$15.00

PRECONFERENCE - WEDNESDAY ONLY: \$150 for individuals \$100 for students, peer support specialists and MAHEC employees*

MAIN CONFERENCE - THURSDAY ONLY: \$150 for individuals \$100 for students, peer support specialists and MAHEC employees*

MAIN CONFERENCE - FRIDAY ONLY \$150 for individuals \$100 for students, peer support specialists and MAHEC employees*

MAIN CONFERENCE - THURSDAY AND FRIDAY \$290 for individuals \$180 for students, peer support specialists and MAHEC employees*

PRECONFERENCE - WEDNESDAY + MAIN CONFERENCE - THURSDAY AND FRIDAY
 \$370 for individuals \$260 for students, peer support specialists and MAHEC employees*

*Please be prepared to show proof of student or peer support status.