

Parent/Guardian Packet

Congratulations on your acceptance to the 2026 Health Careers Academy. The Health Careers Academy will have several programs throughout the spring semester and will conclude with the Health Careers Summer Camp at the University of North Carolina at Asheville (dates TBD). This packet includes parent/guardian forms to complete in preparation for the semester. <u>You will receive additional forms closer to Summer Camp that will be required.</u>

The Mountain Area Health Education Center in Asheville, NC, is a state-sponsored health education institution that services the 16 county Western North Carolina region. We house Family Medicine, Dental, Psychiatry, Internal Medicine, and Ob/Gyn practices on our campus. We train residents from these specialties and more, including General Surgery and Pharmacy. We have a vested interest in students who originate from rural Western North Carolina, because they are the future generation of our healthcare workforce, and we aim to be a vital part of that endeavor.

The following packet is for the student and the parent/guardian to review and sign TOGETHER. It is important to read the entire packet and sign where needed, as this will impact participation in all aspects of the Academy.

The following forms need signatures and to be scanned and emailed back to MAHEC:

- Consent and Waiver (2 pages)
- € Code of Conduct (1 page)

Print, sign, scan and return all items electronically at www.mahec.net/rhiregister
BY: Wednesday, December 17th, 2025



Health Careers Academy 2026 Permission Forms CONSENT AND WAIVER FORM

CONSENT

I, _______ (Student) and my parent or legal guardian if I am a minor, acknowledge the personal benefits by reason of attending and participating in MAHEC's 2026 Health Careers Academy including, without limitation, participating in the following activities ("Academy Activities") and voluntarily and without duress consent to my participation in the Academy Activities:

1. **Participation.** I agree to participate in all of the Academy Activities. I shall follow any and all instructions provided by MAHEC instructors. Students will participate in all Academy Activities and may encounter the following: needle drivers, needles, suturing kits, dissection kits, syringes, intradermal injection kits, and more.

WAIVER, CONSENT AND RELEASE

1. Release, Waiver. I, my heirs, personal representatives, successors and assigns, in consideration of the benefits I will receive by attending the 2026 Health Careers Academy Activities, release, waive and discharge MAHEC, its employees, officers, directors, successors and assigns (collectively "Released Parties") from all claims or liability of any kind or nature that may directly or indirectly result in personal injury, illness, death or property damage, however caused during the time I am attending the 2026 Health Careers Academy including, without limitation during the time I am participating in Academy Activities, all which include, without limitation, any first aid, treatment or service rendered in connection with any injury incurred while participating (individually and collectively "Claim"). I, on behalf of myself, my heirs, personal representatives, successors and assigns agree not to commence litigation, seek arbitration or make a Claim against the Released Parties.

If I am under age 18, my parent or legal guardian, by signing below, also consents to my waiver and release and he/she agrees that this waiver and release shall be binding upon him/her as my parent or legal guardian as to me, my heirs, personal representatives, successors and assigns. My parent or guardian also promises, by signing below to defend, indemnify and hold MAHEC harmless from any claim asserted by me against MAHEC, including its employees, officers, directors, successors and assigns, if I should repudiate this release after obtaining adulthood.

- Assumption of the Risk. I am aware of the risks associated with attending MAHEC's 2026 Health
 Careers Academy and participating in the Academy Activities. I voluntarily and expressly ASSUME
 FULL RESPONSIBILITY FOR ANY RISKS of loss, personal injury, death, illness and property damages
 which could occur as a result of my attending the 2026 Health Careers Academy and participating in
 the Academy Activities.
- 3. **Medical Emergency.** In the event of an injury or medical emergency, I consent to receive emergency medical or surgical treatment and hospitalization if necessary. I will be financially responsible for any medical attention needed during camp or resulting from an injury received at camp.
- 4. **Photographic Consent and Release**. I consent to MAHEC taking and using photographs, images, video, or audio recordings of me or my likeness or voice in connection with my participation in MAHEC's 2026 Health Careers Academy. I grant and convey to MAHEC all right, title, and interests in any and all photographs, images, video, or audio recordings of me or my likeness or voice in connection with my participation in MAHEC's 2026 Health Careers Academy including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings.



5. **Other.** I expressly agree that the provisions in this Agreement are intended to be as broad and inclusive as permitted by the laws of the State of North Carolina and that this Agreement shall be governed by and interpreted in accordance with the laws of the State of North Carolina. I agree that in the event that any clause or provision of this Agreement shall be held to be invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this Agreement which shall continue to be enforceable.

IN WITNESS WHEREROF, I have executed this Agreement as the day and year set forth below.

STUDENT Print Name	Date:
Signature	_
PARENT OR LEGAL GUARDIAN (IF STUDENT IS UNDER 18 YEARS	OF AGE)
Print Name	Date:
Signature	
Cell Phone Number for Emergency Purposes:	



CODE OF CONDUCT

- Make any and all efforts to attend all Academy Sessions. Most sessions will be <u>after</u> school hours and <u>virtual</u>, which will <u>require internet access</u>. If you anticipate having difficulty with internet access, please contact your Regional Health Career Advisor.
- Attendance to 70% of the Health Careers Academy sessions is <u>required</u> to participate in the Health Careers Summer Camp.
- When attending virtual sessions, be sure to have your cameras <u>on</u> and have your microphone <u>muted</u> unless actively in discussion or responding to questions.
- You should show up to all sessions in a timely manner, no more than 5 minutes after the session is due to start. If you anticipate being late to any session, contact your Regional Health Careers Advisor.
- If you are unable to attend any Health Careers Academy session, notify your Regional Health Careers Advisor no later than 24 hours prior to the start of any session.
- Check your email <u>at least twice a week</u> as all correspondence for Academy sessions and Summer Camp prep will be communicated to you via email.
- During all Academy Sessions, be respectful and considerate to fellow Academy participants, any visiting students, and all presenters.
- For any in-person Academy Sessions, <u>do not attend</u> if you or someone close to you has tested positive for COVID-19 in the last 10 days, or if you are exhibiting any symptoms of COVID-19.

I understand that not abiding by the above Code of Conduct may result in my not being able to complete the Health Careers Academy and therefore will forfeit my spot in the Health Careers Summer Camp. I agree to abide by the above Code of Conduct to the best of my ability and will consult my Regional Health Careers Advisor in case of any changes.

Parent/Guardian Signature:	Date:
Student Name:	
Student Signature:	Date:



What to Expect – Health Careers Academy

This form does <u>not</u> have to be returned Frequently Asked Questions

• How will Academy events be scheduled?

o Events will be held during weekdays and will be a mix of both virtual and in person. Events will mainly be held after school hours. Any in person event dates and locations will be communicated to students well in advance.

• What is the attendance policy for the Health Careers Academy?

o Participation in <u>all</u> events is key for the student experience. Students will be expected to attend all scheduled events through the semester, including the free Health Careers Summer Camp at UNCA. If there is a conflict in student schedules and Academy events, students should contact their Regional Health Careers Advisor.

• Will virtual events be required?

o There will be virtual events in partnership with UNC Health Sciences at MAHEC. If scheduled, students will be required to attend, participate, and have their cameras on for the duration of the activity.

How will staff communicate with students about Academy events?

o Communication will be done via EMAIL and/or the Remind App. Students will be expected to check their email regularly and communicate in a timely manner.

Sample Spring 2026 Schedule

Subject to Change

	<u>, </u>
January 2026	Kickoff Event at MAHEC
	Virtual: Advising 1:1 meetings with each student
February 2026	Virtual: Intersection of Research and Health Careers
	Virtual: Tips and Tricks for College
March 2026	Virtual: Careers in Pharmacy
	Sim Center Tour on MAHEC's Campus
April 2026	Virtual: Global Health
May 2026	Virtual: Nursing Careers Panel
July 2026	Health Careers Summer Camp at University of North Carolina at Asheville

We invite you to follow us on Facebook and Instagram, as we will be posting photos of student activities!

facebook.com/wncpromise

Instagram @wncpromise

Still have questions?

<u>Bryan.McClure@mahec.net</u> – Senior Regional Manager <u>Amy.Parker@mahec.net</u> – Regional Manager West <u>Mistv.Cox@mahec.net</u> – Regional Manager South